

## What are the benefits of volunteering?

There are many benefits including:

- Ideal opportunity to gain information and exposure to different jobs in varying fields and work settings
- Learn or develop strengths and skills (communication, teamwork, time management, positive attitude, initiative)
- Meet new people, extend your network and make valuable contacts
- Build self-confidence and feel valued
- Enjoy the satisfaction of making a difference
- Provide you with additional sources of positive work reference



## Thank You Volunteers!

Municipality of the County of Antigonish

Volunteer Recognition Contest

Nominating a deserving volunteer for an  
award!



Awards/Prizes

### Representative Volunteer Package

Package includes the honour of representing all volunteers in Antigonish County at the Nova Scotia Provincial Awards Day Ceremony on April 4; one night accommodations at a hotel in Halifax; cash for travelling expenses; as well as a framed certificate signed by the Premier of Nova Scotia and a photograph with a government official.

\$250 Cash Prize for your group or organization

Two \$250 cash prizes will be awarded.

## REPRESENTATIVE VOLUNTEER AWARD

Each year, communities all across Canada celebrate National Volunteer Week, which normally takes place the third week of April. The primary purpose of this specially designated week is to thank and honour people who donate their time to help others by supporting the causes in which they believe. Volunteer Week also serves to reinforce the human values that volunteering represents and increases awareness of the vital importance of volunteerism to our communities.

In celebration on National Volunteer Week, **Recreation Nova Scotia** hosts an annual Awards Day Ceremony to honour all "representative volunteers".

The Nova Scotia Representative Volunteer Award is given to volunteers who have made an outstanding contributions to their community, municipality, town, and/or village.

Each year the **Municipality of the County of Antigonish** calls for nominations from the community for Representative Volunteer Award. This award is given to a volunteer who has made an outstanding contribution in the Municipality of the County of Antigonish. The Volunteer of the Year represents the community at the Provincial Volunteer Award Ceremony in Halifax.

Nominate that special person who gives so tirelessly and selflessly of their time to assist others! All adult nominations will be entered into a draw for a chance to win the Representative Volunteer Award.

**Recreation Nova Scotia** coordinates the presentation of four additional volunteer specialty awards: Model Volunteer Community Award, Youth Volunteer of the Year, Building Healthier Futures Corporate Award, and the Volunteer Family Award. For more information on how to nominate groups or individuals for one of these awards visit: [www.recreationns.ns.ca/volunteerawards](http://www.recreationns.ns.ca/volunteerawards)



### **\$250 Cash Prize** **for your group or organization**

**What would your group or organization do with an extra \$200?**

- .. Answer this question in 60 - 70 words and your group/organization could win a \$250 cash prize.
- .. Only groups/organizations nominating volunteers are eligible to enter for this prize draw.
- .. To enter, fill out the section on the nomination form entitled "Groups/Organizations Prize Draw".
- .. All submissions will be placed in a draw drum and two entries will be drawn for the cash prizes.

## NOMINATION PROCESS

It's easy, just complete the enclosed nomination form. (see criteria below).

**Mail or drop off completed form to:**  
**Antigonish County Recreation**  
RR 6, 285 Beech Hill Rd, Antigonish, NS B2G 0B4

**Nomination deadline**  
**4:30 PM Thursday, February 17, 2011**

## NOMINATION CRITERIA

Nominees must meet the following requirements to be eligible for participation in contest:

- .. Nominees must be residents of the Municipality of the County of Antigonish.
- .. Recreation Committee Members, County Councillors and employees of the Municipality of the County of Antigonish cannot be nominated.
- .. Anyone nominated to Adult Volunteer Recognition Program must be 19 years of age or older.

All submissions will be placed in a draw drum and one name will be drawn to receive the representative volunteer award. Two entries from the group/organization will also be drawn for the cash prizes.